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MORBIDITY AND MORTALITY WEEKLY REPORT

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Epidemiologic Notes and Reports

Clinical Spectrum of Eosinophilia-Myalgia Syndrome - California

As of January 12, 1990, 210 eosinophilia-myalgia syndrome (EMS) cases (1,2) had been reported to the California Department of Health Services (CDHS)*; three patients have died. This report summarizes clinical features and laboratory findings in 118 EMS patients for whom completed case-report forms are available.

One hundred five (89%) of the 118 patients were female; 94% were non-Hispanic white, 2% were Hispanic, <1% were black, and <1% were Asian (for 3%, race was unknown). Patients ranged in age from 29 to 73 years (median: 48 years). One hundred three (87%) patients became ill during or after July 1989. All patients reported use of L-tryptophan (LT) supplements before onset of illness; the time from onset of LT use to onset of symptoms varied from <2 weeks to >15 years (median: 152 days). Hospitalization was reported for 34 (29%) patients.

The most commonly reported symptoms were myalgia (100%) and arthralgia (69%), followed by dyspnea or cough (64%) and rash (64%) (Table 1). Edema occurred in 51% of patients, and fever was reported by 47%. Scleroderma-like skin changes (e.g., skin thickening) and increased hair loss were each reported in 18% of patients.

Neuropathy was diagnosed by physical examination or electrophysiologic testing in 16 (14%) cases. At least three patients have developed a progressive polyneuropathy; electromyographic testing detected axonal loss in all these patients.

Of the 88 patients who received chest radiographs, 14 (16%) had pulmonary infiltrates, and 13 (15%) had pleural effusions (Table 1). Hypoxia (arterial $PO_2 < 60/mm$ Hg) occurred in four persons; in two of these patients, lung biopsies revealed interstitial inflammation. Cardiac manifestations, reported in six patients, included acute congestive heart failure (two patients—one with biopsy-proven myocarditis), pulmonary artery hypertension (two patients), and pericardial effusion and atrial fibrillation (one patient each). Embolic complications were reported in one patient.

Eosinophilia occurred in all patients; counts ranged from 1070 to 32,190 cells/mm³ (median: 5635 cells/mm³). Leukocytosis was reported in 83% of patients (Table 1). The erythrocyte sedimentation rate (ESR) and serum IgE were elevated in 33% and

^{*}CDHS used the CDC surveillance case definition for EMS (2).

Eosinophilia-Myalgia Syndrome - Continued

11% of those tested, respectively. Of 12 patients tested, antinuclear antibody was detected in nine and exhibited a range of immunofluorescence patterns. Rheumatoid factor titers were within normal limits for all of five patients tested. Aldolase was elevated in 58% of patients tested; creatine phosphokinase was elevated in only 8%. Of the 15 patients for whom the results of muscle biopsies were known, eosinophilic infiltration of the muscle and/or fascia was detected in six, unspecified inflammation and/or vasculitis in four, and atrophy only in two; three were normal. Elevated liver function tests (primarily lactate dehydrogenase) occurred in 51% of patients tested, although hepatomegaly (3%) and splenomegaly (1%) were rare.

Of the three deaths, one was attributed to aspiration pneumonia due to severe bulbar motor weakness. Although the cause of death has not yet been determined for the other two patients, one had become obtunded; findings on magnetic resonance imaging for that patient were consistent with cerebral vasculitis. The other patient died suddenly at home. All deaths occurred 2–3 months after onset of illness.

In addition to the cases described above, CDHS has received reports of five persons who used LT and had eosinophilia and dyspnea but no myalgia. In addition, an infant with unexplained eosinophilia, fever, rash, and vomiting was born to a woman who took LT daily during the last 4 months of pregnancy; the mother is asymptomatic. CDHS is investigating an additional death associated with EMS reported after January 12.

Although CDHS did not systematically collect information on treatment modalities, some physicians reported to CDHS that corticosteroids often decreased the eosinophilia but had less effect on the myalgia. Subcutaneous heparin reportedly relieved muscle pain in some patients. Plasmapheresis was attempted in one California EMS patient with progressive polyneuropathy; some improvement of motor symptoms occurred initially, but symptoms relapsed when plasmapheresis was discontinued, and a second course was ineffective. Because the information reported to CDHS is anecdotal only, CDHS has not recommended any specific medical therapy other than general supportive care and discontinuation of LT use.

TABLE 1. Prevalences of selected symptoms and signs and of selected laboratory and radiographic findings among 118 persons with eosinophilia-myalgia syndrome — California, November 13, 1989—January 12, 1990

Clinic	al		Laboratory							
Symptom/Sign	No.	(%)	Finding	Total tested	No.	(%)				
Myalgia	118	(100)	Leukocytosis	111	92	(83)				
Arthralgia	82	(69)	Elevated aldolase	43	25	(58)				
Dyspnea or cough	76	(64)	Elevated liver function							
Rash	76	(64)	tests	102	52	(51)				
Edema	60	(51)	Elevated erythrocyte							
Fever	55	(47)	sedimentation rate	82	27	(33)				
Sclerodermiform			Pulmonary infiltrates	88	14	(16)				
skin changes	21	(18)	Pleural effusion	86	13	(15)				
Hair loss	21	(18)	Elevated IgE	27	3	(11)				
Neuropathy	16	(14)	Elevated creatine							
Hepatomegaly	3	(3)	phosphokinase	80	6	(8)				
Splenomegaly	1	(1)	1							

Eosinophilia-Myalgia Syndrome - Continued

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Editorial Note: As of February 9, state health departments had reported 1269 EMS cases, including 13 deaths, to CDC. Cases reported from California represent 19% of the U.S. total. Other than the higher proportion of California patients with elevated aldolase and abnormal liver function tests, the characteristics of patients in California are similar to those reported from patients elsewhere in the United States (CDC, unpublished data).

The clinical manifestations of some EMS patients in California also parallel those in victims of toxic-oil syndrome (TOS) (3,4). Particularly severe features of TOS, also seen in some California EMS patients, include progressive polyneuropathy leading to pulmonary hypertension, vasculitis, embolic phenomena, and death. Clinicians should be aware of the multisystemic nature of EMS and the potential for severe, long-term seguelae in some EMS patients.

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Transmission of *Plasmodium vivax* Malaria — San Diego County, California, 1988 and 1989

Malaria transmission in the United States occurs infrequently; since 1950, 21 outbreaks of introduced malaria, all caused by *Plasmodium vivax*, have been identified. However, 14 of these occurred in California (seven during 1986 [1], 1988, and 1989). Four outbreaks—one each in 1986 (1) and 1988 and two in 1989—occurred in San Diego County. This report describes the outbreaks in San Diego County in 1988 and 1989.

August 1988

On August 2, 1988, a migrant worker who lived in a canyon near the Lake Hodges reservoir (25 miles north of San Diego) (Figure 1) was diagnosed with *P. vivax* infection. Twelve other workers who lived in the same area and had symptoms suggestive of malaria were referred by a public health nurse for diagnosis; on August 3, *P. vivax* parasitemia was confirmed in all 12 workers.

An epidemiologic investigation identified a total of 30 persons who had symptomatic *P. vivax* infections with onset between July 24 and September 18. Two cases were in local permanent residents who had no apparent risk factors for malaria, and 28 were in migrant workers employed primarily in agricultural businesses near the Lake Hodges reservoir. All patients denied previous malaria infection, intravenous (IV)-drug use, and blood transfusions in the previous 3 years.

Malaria - Continued

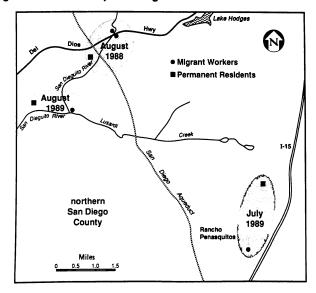
Nineteen of the migrant workers lived in the canyon area; seven lived on a farm directly south of the canyon; one pregnant woman worked at a tree nursery adjacent to the farm and was required to be outside at dawn and dusk; and one migrant worker had onset of symptoms after moving from the canyon. The two cases in local permanent residents occurred in a couple who lived in a development adjacent to the farm.

The migrant workers in the canyon had diverted water flow from a small channel to their camp; some of their shelters (consisting primarily of plastic tarpaulins and cardboard materials) were located within 5 feet of the water. Of the 39 migrant workers (20 of whom had malaria) in this canyon, questionnaires were administered to 31 (79%); the remaining workers could not be located. Cases and noncases were similar in terms of type of shelter used for sleeping (open vs. enclosed), average number of daily hours spent by open water (lagoon, river, or canal), bathing site, and time of day returning to the camp.

A possible index case for the outbreak was a migrant worker with documented *P. vivax* malaria who had spent several nights in the canyon at the end of June. Light traps placed near the canyon at that time caught 79 adult female *Anopheles hermsi* mosquitoes, a competent malaria vector.

On August 3, the San Diego County Department of Health Services began identification and treatment of persons with malaria. Chloroquine prophylaxis was administered to migrant workers in the canyon and on the farm directly south of the canyon. On August 4, traps placed in the canyon camp area caught from one to 11 adult female *An. hermsi* per trap; two traps placed next to an irrigation pond on the farm south of the canyon caught 194 *An. hermsi* mosquitoes. Vector-control efforts included the application of larvicides and insecticides. These efforts resulted in substantial reductions in mosquito populations.

FIGURE 1. Locations of three malaria outbreaks — northern San Diego County, California, August 1988 and July and August 1989



Malaria - Continued

July 1989

On July 7, a migrant worker who lived in an open field in Rancho Penasquitos (20 miles northeast of San Diego) (Figure 1) had onset of chills and fever; *P. vivax* infection was diagnosed. A second migrant worker from this area became ill on July 30; *P. vivax* parasites were detected in a blood smear. On August 22, a permanent resident of this area became ill; *P. vivax* parasites were identified. This resident had no history of foreign travel, IV-drug use, or blood transfusions. Twelve light traps placed in the open field in Rancho Penasquitos on July 26 caught six *An. hermsi* mosquitoes. On August 31, 36 *An. hermsi* mosquitoes were caught in eight light traps placed near the resident's house. Control measures included treating infected persons and applying larvicides and adulticides. No further cases were reported from this area.

August 1989

On August 6, a San Diego resident who lived north of the San Dieguito River (Figure 1) became ill with confirmed *P. vivax* infection. He had no history of foreign travel, IV-drug use, or blood transfusions. On August 10, a migrant worker who resided in a camp at the San Dieguito River (1 mile from the resident's house) became ill, and *P. vivax* infection was diagnosed. On August 11, *P. vivax* infections were diagnosed in three of 40 migrant workers living in the area around the camp. On August 10, 27 *An. hermsi* mosquitoes were caught in five light traps in the area. Control measures included the application of larvicides and adulticides and the administration of chloroquine chemoprophylaxis to migrant workers in the area. No further cases were reported from this area.

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Editorial Note: The outbreak of malaria in 30 persons in San Diego County in 1988 was the largest outbreak of introduced malaria in the United States since 1952, when 35 *P. vivax* infections were reported in members of a girls' club in California (2). A second large outbreak in 1986 involved 27 migrant workers and one local resident in Carlsbad, 35 miles north of San Diego (1).

Common features of the 1986 outbreak and later instances of malaria transmission in San Diego County were 1) the limited access to medical care for migrant workers with malaria, resulting in delays in identification and treatment of parasitemic persons and in institution of control measures; 2) the lack of sanitary water and waste water disposal facilities and adequate shelter for the workers; and 3) the presence of an effective *Anopheles* mosquito vector and a susceptible population. Specific sources of infection for the mosquitoes could not be identified. However, in all of these outbreaks, agricultural workers from countries with endemic malaria had been present in the affected areas.

Other clusters of introduced malaria in the San Diego area may have gone undetected because a diagnosis of malaria might not have been considered in symptomatic patients with no history of travel abroad and because malaria may be undetected in migrant workers and other populations who have limited access to medical care. Anopheline malaria vectors are found in many parts of California; therefore, locations that facilitate introduction and transmission of malaria cannot be readily predicted.

Malaria - Continued

Reduction of the risk for malaria in migrant workers requires improved access to medical care and early detection of malaria cases. For workers living in remote areas, disease surveillance, health education, and early recognition and medical evaluation of illness are needed to reduce the risk for malaria transmission.

References

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TABLE I. Summary - cases of specified notifiable diseases, United States

	6t	h Week Endi	ng	Cumulat	tive, 6th Wee	k Ending
Disease	Feb. 10,	Feb. 11,	Median	Feb. 10,	Feb. 11,	Median
	1990	1989	1985-1989	1990	1989	1985-1989
Acquired Immunodeficiency Syndrome (AIDS) Aseptic meningitis Encephalitis: Primary (arthropod-borne	1,484	U*	316	5,418	3,174	1,846
	95	108	76	498	473	473
& unspec) Post-infectious	18 6	16	16 1	68 12	66 7	87 7
Gonorrhea: Civilian Military	12,715 198 590	13,423 315 702	14,010 254 500	74,785 1,188	75,808 1,303	94,371 1,529
Hepatitis: Type A Type B Non A, Non B	363 28	416 48	454 48	2,694 1,829 196	3,466 2,062 261	2,575 2,461 324
Unspecified	30	66	89	177	245	386
Legionellosis	27	27	12	122	101	85
Leprosy	3	5	2	13	14	15
Malaria	27	33	14	106	115	72
Measles: Total [†] Indigenous Imported	129	107	51	756	402	158
	57	101	50	554	376	146
	72	6	3	202	26	24
Meningococcal infections	64	72	72	309	297	337
Mumps	81	101	90	541	579	482
Pertussis	102	54	47	276	250	220
Rubella (German measles)	1	4	4	35	20	24
Syphilis (Primary & Secondary): Civilian Military Toxic Shock syndrome	758 6 8	836 10 2	625 6	4,683 66 41	4,319 38 28	3,810 23 34
Tuberculosis Tularemia	245	276	348 1	1,872	1,780 8	1,733 10
Typhoid Fever Typhus fever, tick-borne (RMSF)	5	12	7	32	45	28
	2	10	1	10	16	7
Rabies, animal	49	65	71	311	414	414

TABLE II. Notifiable diseases of low frequency, United States

	Cum. 1990		Cum. 1990
Anthrax Botulism: Foodborne Infant Other (Ore. 1) Brucellosis (Mass. 1, Iowa 1, Fla. 1) Cholera Congenital rubella syndrome Congenital syphilis, ages < 1 year Diphtheria	3 1 5 -	Leptospirosis Plague Poliomyelitis, Paralytic, ⁵ Psittacosis (Calif. 1) Rabies, human Tetanus (Mich. 1) Trichinosis	3 - 22 - 5 4

^{*}Because AIDS cases are not received weekly from all reporting areas, comparison of weekly figures may be misleading.

Three of the 129 reported cases for this week were imported from a foreign country or can be directly traceable to a known internationally imported case within two generations.

⁵No cases of suspected poliomyelitis have been reported in 1990; none of 13 suspected cases in 1989 have been confirmed to date. Nine of 14 suspected cases in 1988 were confirmed and all were vaccine-associated.

TABLE III. Cases of specified notifiable diseases, United States, weeks ending February 10, 1990 and February 11, 1989 (6th Week)

		rebru	iary IU,	1990 a	na rei	oruary	11, 1	303 (0	ek)			
	AIDS	Aseptic Menin-		halitis Post-in-		orrhea			(Viral), by	type Unspeci-	Legionel	Leprosy
Reporting Area		gitis	Primary	fectious		ilian)	A	В	NA,NB	fied	losis	
	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1989	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990
UNITED STATES	5,418	498	68	12	74,785	75,808	2,694	1,829	196	177	122	13
NEW ENGLAND Maine	176 8	34 1	4	-	2,358 25	2,312 35	42	114 6	4	12 1	5	-
N.H.	21	1	-	-	26	22	1	8	-	i	-	-
Vt. Mass.	78	2 12	1	-	9 856	10 950	1 29	3 85	2 2	10	1 2	-
R.I. Conn.	7 62	16	3	-	124 1,318	205 1,090	5	10		-	2	-
MID. ATLANTIC	2,289	96	2	-	8,401	11,161	484	287	31	17	32	4
Upstate N.Y. N.Y. City	275 1.526	34 8	2	-	1,338 3,926	1,763 3,800	101 34	84 74	5 5	10	15 2	3
N.J.	303	-	-	-	1,940	1,764	40	29	10	-	3	ĭ
Pa. E.N. CENTRAL	185 271	54 93	10	2	1,197 16,354	3,834 13,626	309 163	100 253	11 16	7 12	12 36	-
Ohio	89	36	2	1	5,764	3,513	26	59	6	2	14	-
Ind. III.	38 73	18 4	1 2	1	1,309 4,817	782 4,144	22 28	83 7	2 1	4 1	6	-
Mich. Wis.	44 27	34 1	4	•	3,966 498	3,940 1,247	73 14	71 33	ż	5	11 5	-
W.N. CENTRAL	157	24	3	-	4,585	3,223	126	66	5	2	5	-
Minn. Iowa	15 3	2	1	-	484 346	332	11 35	4	1	1	-	
Mo.	106	11	1 -	-	2,560	278 2,002	67	45	-		5	-
N. Dak. S. Dak.	1	1			16 31	17 28	1	1	2		-	-
Nebr.	16	7	1	-	207	257	8	5	ī	:		-
Kans. S. ATLANTIC	16 858	3 101	23	1	941 21,792	309 20,984	311	2 388	- 34	1 16	16	•
Del.	12	3	1		300	314	18	5	1	-	-	-
Md. D.C.	93 47	24 1	3	:	2,590 365	1,410 1,390	160 3	72 3	5 2	1 -	7	
Va. W. Va.	173 13	24 1	9 1	-	1,819 157	2,016 181	15 4	29 15	4	12	2	•
N.C.	56	11	7		3,963	3,273	47	114	17	-	3	
S.C. Ga.	53 157	1 5	1	:	2,145 5,269	2,267 3,832	8 26	83 39	3 1	2 1	2 2	-
Fla.	254	31	1	1	5,184	6,301	30	28	1	-	-	-
E.S. CENTRAL Ky.	87 20	30 8	5	-	6,251 627	6,195 560	45 13	138 39	16 6	2 2	10 1	-
Tenn.	28	4	2	-	1,764	2,079	10	67 32	6 4		5	•
Miss.	21 18	13 5	3	-	2,476 1,384	1,770 1,786	22	- 32	-		4	-
W.S. CENTRAL	470	13		1	6,354	8,266	195	85 7	2	14	7	5
Ark. La.	7 99	1 2	-	-	749 1,531	835 1,300	47 9	23	-	:	2	-
Okla. Tex.	27 337	3 7	:	1	657 3,417	825 5,306	66 73	19 36	2	1 13	5	5
MOUNTAIN	149	22	3	_	1,384	1,508	382	145	16	22	7	
Mont. Idaho	3	1		-	15 12	27 27	9	8 11	1 4	1	-	-
Wyo.	5	1	ī		18	15	13	2	-	-	:	:
Colo. N. Mex.	37 3	5 3	-	-	248 130	239 128	20 34	20 14	3	9	-	
Ariz. Utah	66	6	2	-	620	555	245	43	7	6	3	-
Nev.	15 20	1 5	-	-	58 283	68 449	14 41	5 42	1	2 4	4	-
PACIFIC Wash.	961	85	18	8	7,306	8,533	946	353	72	80	4	4
Oreg.	80 16	-	1	-	783 323	781 357	112 125	41 46	11 7	3 2		-
Calif. Alaska	833 6	78 1	16	7	6,015 151	7,208 146	654 23	252 5	53 1	74	4	1
Hawaii	26	6	i	1	34	41	32	9	-	1	-	3
Guam P.R.	1 212	16	4	-	18	17 109	2 5	1 5	-	2	-	-
V.I.	1	•	-	-	59	51		1	-		-	-
Amer. Samoa C.N.M.I.	:	-	-		-	8 12			-		-	-

N: Not notifiable

U: Unavailable

C.N.M.I.: Commonwealth of the Northern Mariana Islands

TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending February 10, 1990 and February 11, 1989 (6th Week)

UNITED STATES NEW ENGLAND Maine N.H.	Malaria Cum. 1990	Indig 1990	enous Cum.	les (Rub		T-2-1	Menin- gococcal	Mu	mps		Partuesi		Ī	Ruballa	
UNITED STATES NEW ENGLAND Maine	1 990 106	- −				Total infections		Mumps		Pertussis			Rubella		
NEW ENGLAND Maine			1990	1990	Cum. 1990	Cum. 1989	Cum. 1990	1990	Cum. 1990	1990	Cum. 1990	Cum. 1989	1990	Cum. 1990	Cum. 1989
Maine		57	554	72	202	402	309	81	541	102	276	250	1	35	20
	16	-	5	5	6	4	23	1	4	13	54	12	-	1	
	•	-	:	- 5†§	6	-	4	-	1	6	1	4	-	-	-
Vt.	3	-	-	-	-	1	2	1	i	-	6 1	5 1		-	
Mass. R.I.	9 1	-	- :	-	-	3	13	-	2	5	43	-	-	-	-
Conn.	3		5		-	-	4	:	:	2	3	2	-	1	-
MID. ATLANTIC	17	6	25	51	60	26	48	9	38	47	61	24	-	•	1
Upstate N.Y.	3	:	2	515	52		16	4	13	46	52	-6	-	-	1
N.Y. City N.J.	7 2	1	5	-	2	14 11	3 9	:	7	-	2	4-7	-	-	-
Pa.	5	5	18	-	6	ï	20	5	18	1	7	17 1	-		-
E.N. CENTRAL	7	50	294	12	111	46	42	12	52	19	59	24		5	1
Ohio	2	45	45 3	-	-	45	16	12	12	19	19	1		-	
Ind. III.	2	-	90	-	-	•	5 8	•	4 9	-	26 2	-	-	-	-
Mich.	2	5	33	125	111	-	9	-	20	-	8	6 3		5	-
Wis.	1	-	123	-	-	1	4	•	7	•	4	14	-	-	1
W.N. CENTRAL Minn.	1	-	19	-	-	173	14	3	18	-	2	6			1
lowa	:	-	19	-		-	1 1	:	3	:		5	-	-	-
Mo.	1	-	-	-	-	173	6	1	ĭ	-	1	1	-	-	1
N. Dak. S. Dak.	-	-			-	:	2	-	-	-	-	-	-	-	Ė
Nebr.	-	-	-	-	-	-	ī	1	1	-	1	-	-	-	-
Kans.	-	-	-	-	-	-	3	1	13	-	-	-	-	-	
S. ATLANTIC	21	-	24	3	14	10	58	29	195	5	35	6	-	_	_
Del. Md.	5	-	7	2†§	11	4	8	24	117	-	.1	-	-	-	-
D.C.	4	-		1†	i	ī	-	2	4	2	15 1	1	-	-	-
Va. W. Va.	6	-	3	-	2		8	1	9	1	ż	1		-	
N.C.	2	-	:		:	5	1 8	1	8 19	-	5 5	-	-	-	-
S.C.	-	-	-	-	-	-	6	1	9	-	-	1	-	-	-
Ga. Fla.	4	-	1 13	-	-	-	14	-	11	1	4	-	-	-	- :
E.S. CENTRAL	•			-	-		13	-	18	1	2	3	-	-	-
Ky.	3	-	15		-	1	19 5	2	22	1	11	11	-	-	-
Tenn.	2	-	10	-	-	-	8	2	6	1	2	8	-	-	-
Ala. Miss.	1	-	- 5	-	-	1	6	-	3	-	9	2	-	-	
	-	-		-			-	N	N	-	-	1	-	-	-
W.S. CENTRAL Ark.	-	-	18	:	2	1	17 1	19 1	135 22	•	6	3	-	-	-
La.		-	-	-	-	1	3	8	30	-	1	1	-	-	-
Okla. Tex.	-		3	•		-	5	-	61	-	5	2	-	-	- :
MOUNTAIN		_	15	-	2	-	8	10	22	•	-	-	-	-	-
Mont.	2	1	7	1	1	15 13	5 3	4	31	13	23	126	-	-	1
Idaho	1	-	-	-		1	-	2	16	:	2	6	-	-	
Wyo. Colo.	-	1	1	-	-	-	:	:	2		-	-	-	-	-
N. Mex.	-	-		1§ -	1 -	-	1	1 N	3 N	12	13 6	10 1	-	-	-
Ariz.	1	-	6	-	-	1		ï	7	1	2	107	-		:
Utah Nev.	-	-	-	-		-	:	-	2	-	-	1	-	-	-
PACIFIC	20	_	447	-		-	1	-	1	•	-	1	-	-	1
Wash.	39 2	:	147	-	8 6	126	83 7	2 2	46 5	4 1	25 3	38 2	1	29	16
Oreg.	2	-	-	-	-	-	9	Ñ	N	-	2	-	-	-	-
Calif. Alaska	34	•	147	-	2	122	65	-	40	2	17	35	-	25	16
Hawaii	1	:	-	-	-	4	2	-	1	ī	3	1	1	4	-
Guam	1	U	_	U	_	-	_	U	•	Ü	3			4	-
P.R.			-	-		42	1	-	2	٠.	-	1	U	-	-
V.I.	-	.:	-		•	-	-	-	1		-	-			-
Amer. Samoa C.N.M.I.		U		U	-	:	-	U	-	U	-	•	U	•	-

TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending February,10 1990 and February 11, 1989 (6th Week)

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Reporting Area	Syphilis (Primary &	Syphilis (Civilian) (Primary & Secondary)		Tuber	culosis	Tula- remia	Typhoid Fever	Typhus Fever (Tick-borne) (RMSF)	Rabies Anima
Tioporting 7 ii ou	Cum. 1990	Cum. 1989	Cum. 1990	Cum. 1990	Cum. 1989	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990
UNITED STATES	4,683	4,319	41	1,872	1,780	4	32	10	311
NEW ENGLAND	204	203	3	26	45		-	-	-
Maine	_1	-	-	:	1	•	-	•	-
N.H.	23	-	•	1 1	4	-	-	-	-
Vt. Mass.	64	73	2	8	13		-	-	:
R.I.	-	5		7	9		•		-
Conn.	116	125	1	9	17	-	-	•	-
MID. ATLANTIC	924	906	7	480	429	1	8	1	88
Upstate N.Y.	47	67	3	17	36	-	5	•	3
N.Y. City	663	308	1	360	304	:	-	:	
N.J. Pa.	176 38	197 334	3	41 62	42 47	1	3	1	34 51
						-	-	-	
E.N. CENTRAL	313	163	10	210	210	-	4	1	5
Ohio Ind.	51 4	7 5	3 1	23 12	53 6	•	1	-	
III.	146	78	<u>'</u>	112	82	:	2	-	2
Mich.	81	66	6	52	60	-	ī	1	•
Wis.	31	7	-	11	9	-	-	-	3
W.N. CENTRAL	38	38	3	56	56	1	_	1	40
Minn.	12	2	-	13	10		-	<u>.</u>	25
lowa	4	9	-	4	8	-	-	-	
Mo.	19	18	2	20	15	1	-	1	-
N. Dak.	1	-	•	3	4	-	-	-	3
S. Dak. Nebr.	2	9	1	4 7	6 2	-	-	-	8
Kans.	-	-	-	5	11	-	-		4
	1,766	1,532					_	_	
S. ATLANTIC Del.	21	1,532	-	284 4	323 1	1	2	2	89 2
Md.	147	90	-	32	27	:	2		35
D.C.	32	112	-	2	22	-	-	-	-
Va.	62	75	-	18	37	-	-	-	19
W. Va.	2	3	-	5	10	-	-	-	1
N.C.	191 115	83 88	•	32 49	29 48	1	-	2	1 14
S.C. Ga.	457	335	-	39	48 38	-	•	-	17
Fla.	739	734	-	103	111	-	-	-	١,
E.S. CENTRAL	409	265	4	108	137			1	10
Ky.	9	5	-	38	44	-	-	1	4
Tenn.	135	85	2	28	16	_	-	1	
Ala.	148	107	2	34	53	-	-		6
Miss.	117	68	-	8	24	-	-	-	-
W.S. CENTRAL	563	564	1	201	129		1	3	37
Ark.	20	49	-	32	15	-	-	-	3
La.	229	103		13	7	-	-	-	
Okla.	28 286	6 406	1	12 144	1 106	-	-	3	11 23
Tex.			-			-	1	-	
MOUNTAIN	88	81	4	36	49	1	2	-	10
Mont.	1	-	1	-	1	-	-	•	4
ldaho Wyo.			i	-	' -	•	-	-	4
Colo.	4	4		_	-	-	-	-	
N. Mex.	7	1	1	14	8	1	-		1
Ariz.	47	26	1	11	34	-	2	-	-
Utah	1	4	•		-	-	-	-	:
Nev.	28	46	-	11	6	-	-	-	1
PACIFIC	378	567	9	471	402	-	15	1	32
Wash.	4	36	-	30	13	-	-	-	-
Oreg.	9	30	-	14	11	-	-	:	- 22
Calif.	359 2	497	8	402 3	357 4	-	14	1	23 9
Alaska Hawaii	4	4	1	22	17	-	1	-	-
	-		•				•		
Guam	•	2 40		6 1	9 6	-	-	-	12
P.R. V.I.		1	-	i	1	-	-	-	-
Amer. Samoa	-	-	-	-	-	-	-	-	-
C.N.M.I.		1	_	_	-	_	-	-	-

TABLE IV. Deaths in 121 U.S. cities,* week ending February 10, 1990 (6th Week)

	1	All Causes, By Age (Years)							T	All Causes, By Age (Years)					
Reporting Area	All Ages	≥65	45-64		1-24	<1	P&I** Total	Reporting Area	All Ages	≥65		25-44	1-24	<1	P&I** Total
NEW ENGLAND	728	531	119	40	16	22	80	S. ATLANTIC	1,428	865		159	49	68	89
Boston, Mass.	206	144 37	36 12	11	3	12	29	Atlanta, Ga.	213	128		25	10	5	8
Bridgeport, Conn. Cambridge, Mass.	55 27	25		4	2	-	7	Baltimore, Md.	125	85		10	2 5	4	10 12
Fall River, Mass.	33	27	2 4	2	-	i.	4	Charlotte, N.C. Jacksonville, Fla.	112 141	66 101		16 11	4	5 2	14
Hartford, Conn.	68	47	8	6	4	3	5	Miami, Fla.	208	110		37	11	7	1
Lowell, Mass.	27	21	6	- :	-	-	2	Norfolk, Va.	64	45	13	3	1	2	10
Lynn, Mass. New Bedford, Mass.	17 28	15 23	1	1	1	-	1	Richmond, Va.	100	72		. 8	4	5	12
New Haven, Conn.	68	47	13	3	ż	3	6	Savannah, Ga. St. Petersburg, Fla.	69 79	32 62		13 5	4	1	7 4
Providence, R.I.	44	31	10	2	-	1	-	Tampa, Fla.	105	67		9	3	5	7
Somerville, Mass.	7	5	1	1	:	:	-	Washington, D.C.	184	78		21	4	28	4
Springfield, Mass. Waterbury, Conn.	48 33	38 24	4 8	1	3	2	7	Wilmington, Del.	28	19	6	1	1	1	-
Worcester, Mass.	67	47	10	8	1	1	10	E.S. CENTRAL	879	608	152	59	33	27	90
	2.886	1.956	528	285		71		Birmingham, Ala.	146	101	27	10		3	10
Albany, N.Y.	2,000 55	38	11	200	45	3	214 3	Chattanooga, Tenn.	82	55		1	5 6 3 3 7	4	12
Allentown, Pa.	13	10	2		1	•	-	Knoxville, Tenn. Louisville, Ky.	96 80	64 58		7	3	3 4	18 10
Buffalo, N.Y.	129	84	30	5	4	6	8	Memphis, Tenn.	196	141	12 30	3 15	3	3	19
Camden, N.J.	18	9	4	4	-	1	-	Mobile, Ala.	84	55		8	4	4	3
Elizabeth, N.J. Erie, Pa.†	14 42	8 30	5 8	1 2	-	2	2	Montgomery, Ala.§	58	48	7	2	1		3
Jersey City, N.J.	55	34	7	11	3		4	Nashville, Tenn.	137	86	28	13	4	6	15
	1,587	1,043	307	181	24	32	101	W.S. CENTRAL	1,959	1,244	415	195	60	44	152
Newark, N.J.	89	40	13	24	6	5	7	Austin, Tex.	79	57	11	9	1	1	13
Paterson, N.J.	36 312	25 240	9	1	:	1	5	Baton Rouge, La. Corpus Christi, Tex.	60	42		6	2	:	5
Philadelphia, Pa. Pittsburgh, Pa.†	93	240 67	34 21	24 4	3	11 1	23 5	Dallas, Tex.	66 217	48 125		4 31	1 5	1 6	11 17
Reading, Pa.	24	18	4	2	-		7	El Paso, Tex.	89	50		9	7	4	12
Rochester, N.Y.	130	96	24	6		4	20	Fort Worth, Tex	120	75		9	í	3	8
Schenectady, N.Y.	34	24	5	3	1	1	2	Houston, Tex.§	734	436		89	24	16	18
Scranton, Pa.† Syracuse, N.Y.	48 99	35 73	11 18	2	3	3	6	Little Rock, Ark. New Orleans, La.	80	50		4	1	1	12
Trenton, N.J.	42	30	9	3	3	3	7	San Antonio, Tex.	119 210	76 150		11 12	7 7	5	39
Utica, N.Y.	31	29	1	1			ī	Shreveport, La.	67	43		5	3	3	9
Yonkers, N.Y.	35	23	5	6	-	1	9	Tuisa, Okia.	118	92		6	ĭ	4	8
	2,533	1,688	511	201	60	73	161	MOUNTAIN	860	570	159	76	18	36	71
Akron, Ohio	90	61	19	7	1	2	4	Albuquerque, N. Mex		65		8	2	1	5
Canton, Ohio Chicago, III.§	48 564	37 362	9 125	2 45	10	22	6	Colo. Springs, Colo. Denver, Colo.	43 162	29		1	2	.2	7 8
Cincinnati, Ohio	138	103	24	-6	5	- 22	16 14	Las Vegas, Nev.	142	100 91		19 16	2 2	14 4	9
Cleveland, Ohio	187	111	43	23	7	3 7	6	Ogden, Utah	21	17	2	1	-	1	1
Columbus, Ohio	199	127	39	20	6	7	15	Phoenix, Ariz.	179	118	32	16	4	9	21
Dayton, Ohio Detroit, Mich.	129 249	90 145	22 48	10	4	3	17	Pueblo, Colo. Salt Lake City, Utah	30	29		1		•	4
Evansville, Ind.	249 54	37	14	33 1	13 1	10 1	12 6	Tucson, Ariz.	36 151	21 100		. 3	3	2	1 15
Fort Wayne, Ind.	70	48	12	5	i	4	5	PACIFIC				11	3	3	
Gary, Ind.§	16	9	4	3	-	-		Berkeley, Calif.	2,199 14	1,469		228	65	54	156
Grand Rapids, Mich.	67	48	10	.7	2	:	7	Fresno, Calif.	86	8 56		3 3	1	5	7
Indianapolis, Ind. Madison, Wis.	188 35	125 26	44	12 2	3	4	5	Glendale, Calif.	36	32	2		2		1
Milwaukee, Wis.	140	99	28	11	1	1	3	Honolulu, Hawaii	46	33	10	3	-	-	3
Peoria, III.	62	46	10	4	:	ż	8	Long Beach, Calif.	114	79		14	2	2	16
Rockford, III.	56	36	13	2	1	2	7	Los Angeles Calif. Oakland, Calif.	623 65	414 41		72	21	8	32 4
South Bend, Ind.	65	47	13	3	-	2 3 2	6	Pasadena, Calif.	54	38		2 2	2 1	3 5	1
Toledo, Ohio Youngstown, Ohio§	99 77	70 61	18 12	3 2	5	3	13 7	Portland, Oreg.	157	109		12	4	6	13
= '								Sacramento, Čalif.	161	100	40	16	4	1	17
W.N. CENTRAL Des Moines, Iowa	952 68	698 52	160 9	54 5	22 2	18	95	San Diego, Calif. San Francisco, Calif.	175	124		15	8	7	22
Duluth, Minn.	30	23	7	5	-	:	6 5	San Jose, Calif.	199 193	106 129		45	7	5 7	7 13
Kansas City, Kans.	34	19	8	4	1	2	2	Seattle, Wash.	163	116		18 20	5 5	2	3
Kansas City, Mo.	140	96	30	7	5	2	12	Spokane, Wash.	65	52	8	1	1	3	13
Lincoln, Nebr.	52	38	.7	6	1	-	5	Tacoma, Wash.	48	32	12	2	ż	-	4
Minneapolis, Minn. Omaha, Nebr.	251 81	187	40 20	15	5	4	30	TOTAL	14,424 **	9,629	2.688		368	413	1,108
St. Louis, Mo.	162	57 123	20	3 7	1	7	8 15			-,020	-,500	1,237	500	-,13	.,
St. Paul, Minn.	67	46	13	5	3	-	5	1							
Wichita, Kans.	67	57	5	ž		3	7	1							

^{*}Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included.

^{**}Pneumonia and influenza.

[†]Because of changes in reporting methods in these 3 Pennsylvania cities, these numbers are partial counts for the current week. Complete counts will be available in 4 to 6 weeks. ††Total includes unknown ages.

[§]Data not available. Figures are estimates based on average of past available 4 weeks.

Progress in Chronic Disease Prevention

Prevalence of Arthritic Conditions - United States, 1987

Arthritis is a widely prevalent, disabling disease that places substantial demands on health-care resources. National estimates of the prevalence of arthritic diseases and of associated disability have been based on data from the 1960–1962 National Health Examination Survey, the 1971–1975 National Health and Nutrition Examination Survey (NHANES I), and the 1983–1985 National Health Interview Surveys (NHIS) (1,2). This report uses 1987 NHIS data to update national estimates of arthritis prevalence and resulting physical activity limitation and provides estimates of the prevalence of arthritic conditions for each state. Estimates are based on a probability sample of the civilian noninstitutionalized (CNI) population of the United States (3).

Survey respondents were asked whether they had had various arthritic conditions in the past year and, if so, whether they had seen a physician for them. The national and state estimates reported here are based on the 3036 persons reporting one or more of four conditions: arthritis, bursitis, gout, and unspecified rheumatism (Table 1). Information about limitation in activity attributable to arthritic conditions is based on responses to questions regarding whether a person is limited in or prevented from working, housekeeping, or performing other activities as a result of a health condition, followed by questions about conditions causing the limitation.

Because NHIS is a probability sample of the CNI population, the proportions of persons with arthritic conditions in each of 36 age-sex-race strata in the sample were adjusted to generate national estimates. For each state, 1987 population estimates for the same 36 strata were obtained (4) and adjusted to approximate the CNI population using unpublished estimates from the Bureau of the Census.*

In 1987, approximately 14.6% of the U.S. population (34.7 million persons) reported having an arthritic condition, and approximately 12.1% consulted a physician for it (Table 2). Self-reported arthritic conditions were over twice as prevalent in the state with the highest proportion (Florida) as in that with the lowest (Alaska) (Table 3). Arthritis was responsible for limiting the activity of 2.6% of the CNI population; for persons ≥75 years of age, the proportion was 12.6% (Table 2).

TABLE 1. Distribution of self-reported arthritic conditions — National Health Interview Survey, 1987

Condition	No. respondents in survey	National prevalence
Arthritis	2668	12.7%
Bursitis	389	1.9%
Gout	197	1.0%
Rheumatism, unspecified	49	0.2%
≥1 Arthritic condition	3036	14.6%

^{*}The 36 proportions from NHIS were multiplied by each state's 36 CNI population estimates and the products summed to obtain the estimated number of persons with arthritic conditions for the state. Division of this figure by the state's CNI population gave a prevalence proportion.

Arthritic Conditions - Continued

Reported by: Office of Surveillance and Analysis and Div of Chronic Disease Control and Community Intervention, Center for Chronic Disease Prevention and Health Promotion, CDC.

Editorial Note: The validity of using self-reports of arthritic conditions as a measure of "actual" prevalence is unknown. However, the national age-specific prevalence proportions for physician-consulted arthritic conditions (Table 2) are similar to estimates for clinically confirmed osteoarthritis, rheumatoid arthritis, other arthritis and rheumatism, and bursitis reported from NHANES I (5).

Excluding nursing home residents (in 1985, 1.5 million persons [6]) from NHIS did not result in a substantial underestimate of the prevalence of arthritic conditions. Based on prevalence estimates for nursing home residents (7), the inclusion of this population in the analysis probably would have increased by <2% the 28.6 million persons with self-reported, physician-consulted arthritic conditions.

Because of the method used to produce the state-specific estimates, differences in prevalence among the states primarily reflect variations in demographic composition. For example, Florida's high prevalence proportion for arthritic conditions is due primarily to its relatively large population of elderly persons, and the low prevalence in Alaska can be attributed partly to its high proportions of persons of "other" race (e.g., Asian/Pacific Islander and Native American), among whom the prevalence of arthritic conditions is low (Table 2). However, these estimates do not account for other factors that influence the prevalence of some arthritic conditions, such as obesity and occupation (8).

Approximately 2.5% of the U.S. population (6 million persons) believe they have an arthritic condition but have not consulted a physician for it (Table 2). These findings indicate the need for health-care providers and public and private health agencies to determine why these persons have not sought medical care and to identify approaches for overcoming barriers to care.

TABLE 2. National prevalence of arthritic conditions, by sex, race, and age — National Health Interview Survey, 1987

			No. in th	ousands (%)		
Characteristic	Self-reported		Physician-	consulted	Activity I	imitation
Sex						
Female	21,922	(17.8)	18,413	(15.0)	4,288	(3.5)
Male	12,785	(11.1)	10,236	(8.9)	1,877	(1.6)
Race				,,	,,,,,,	•
White	30,257	(15.0)	24,932	(12.4)	5,219	(2.6)
Black	3,969	(13.7)	3,306	(11.4)	856	(3.0)
Other	481	(5.6)	411	(4.8)	90	(1.2)
Age (yrs)				,,		•
<35	3,288	(2.5)	2,627	(2.0)	268	(0.2)
35-44	3,709	(11.0)	3,045	(9.0)	420	(1.2)
45-54	5,389	(23.3)	4,362	(18.9)	720	(3.1)
55-64	8,201	(37.6)	6,820	(31.2)	1,603	(7.3)
65–74	8,411	(48.6)	6,884	(39.8)	1,783	(10.3)
≥75	5,709	(52.7)	4,911	(45.3)	1,371	(12.6)
Total	34,707	(14.6)	28,649	(12.1)	6.165	(2.6)

Arthritic Conditions - Continued

TABLE 3. Estimated prevalence of arthritic conditions, by area — United States, 1987

			No. in t	housands (%)		
Area	Self-re	ported	Physician	-consulted	Activity li	mitation
Alabama	602	(15.0)	499	(12.4)	112	(2.8)
Alaska	44	(8.8)	36	(7.2)	6	(1.3)
Arizona	479	(14.3)	395	(11.8)	83	(2.5)
Arkansas	370	(15.8)	306	(13.0)	68	(2.9)
California	3602	(13.3)	2976	(11.0)	623	(2.3)
Colorado	401	(12.5)	331	(10.3)	67	(2.1)
Connecticut	490	(15.6)	404	(12.8)	86	(2.7)
Delaware	93	(14.6)	77	(12.0)	16	(2.6)
District of Columbia	102	(16.8)	85	(14.1)	22	(3.6)
Florida	2141	(18.1)	1768	(15.0)	397	(3.4)
Georgia	835	(13.7)	690	(11.3)	151	(2.5)
Hawaii	110	(10.8)	94	(9.3)	20	(2.0)
Idaho	129	(13.1)	106	(10.8)	22	(2.2)
Illinois	1663	(14.6)	1373	(12.0)	296	(2.6)
Indiana	786	(14.4)	649	(11.9)	137	(2.5)
lowa	421	(15.2)	347	(12.5)	74	(2.7)
Kansas	356	(14.8)	294	(12.2)	63	(2.6)
Kentucky	528	(14.5)	436	(12.0)	93	(2.5)
Louisiana	592	(13.6)	490	(11.2)	109	(2.5)
Maine	173	(14.9)	143	(12.3)	30	(2.6)
Maryland	640	(14.4)	528	(11.9)	114	(2.6)
Massachusetts	876	(15.2)	724	(12.6)	154	(2.7)
Michigan	1289	(14.2)	1063	(11.7)	227	(2.5)
Minnesota	584	(14.0)	482	(11.5)	100	(2.4)
Mississippi	376	(14.6)	312	(12.1)	72	(2.8)
Missouri	775	(15.4)	640	(12.7)	139	(2.8)
Montana	110	(13.9)	91	(11.4)	19	(2.4)
Nebraska	229	(14.7)	189	(12.2)	40	(2.6)
Nevada	135	(13.6)	111	(11.2)	23	(2.3)
New Hampshire	145	(13.9)	119	(11.5)	25	(2.4)
New Jersey	1191	(15.7)	982	(13.0)	213	(2.8)
New Mexico	188	(12.8)	155	(10.5)	32	(2.2)
New York	2716	(15.5)	2245	(12.8)	490	(2.8)
North Carolina	931	(14.9)	770	(12.4)	170	(2.7)
North Dakota	90	(13.9)	74	(11.5)	16	(2.4)
Ohio	1589	(14.9)	1311	(12.3)	282	(2.6)
Oklahoma	455	(14.3)	377	(11.8)	80	(2.5)
Oregon	387	(14.4)	319	(11.9)	67	(2.5)
Pennsylvania	1918	(16.3)	1584	(13.5)	347	(2.9)
Rhode Island	152	(15.7)	125	(13.0)	27	(2.8)
South Carolina	473	(14.2)	391	(11.8)	87	(2.6)
South Dakota	100	(14.5)	83	(12.0)	17	(2.5)
Tennessee	716	(15.0)	592	(12.4)	129	(2.7)
Texas	2109	(12.8)	1739	(10.6)	363	(2.2)
Utah	178	(10.7)	146	(8.8)	29	(1.7)
Vermont	74	(13.7)	61	(11.3)	13	(2.3)
Virginia	816	(14.4)	675	(11.9)	146	(2.6)
Washington	604	(13.6)	498	(11.2)	103	(2.3)
West Virginia	290	(15.4)	239	(12.7)	51	(2.7)
Wisconsin	683	(14.4)	563	(11.9)	119	(2.5)
Wyoming	54	(11.3)	45	(9.3)	9	(1.8)
,		(11.5/		\ 3.3/		(1.0)

Arthritic Conditions - Continued

Given the high prevalence of arthritic conditions among older persons and trends that favor population survival to older ages, the number of persons with these conditions and associated disabilities can be expected to continue increasing. Efforts aimed at limiting disease progression and preventing disability associated with arthritic conditions should include developing education programs for patients and primary-care providers and developing specific indications for referral of patients to specialists.

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Notice to Readers

Third International Conference on Nosocomial Infections

CDC and the National Foundation for Infectious Diseases will cosponsor the Third International Conference on Nosocomial Infections on July 31–August 3, 1990, in Atlanta. Abstracts are due March 30. The abstract, registration, and housing forms and preliminary program are available from ASM Meetings, 1325 Massachusetts Avenue, N.W., Washington, DC 20005; telephone: (202) 737-3600.



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The data in this report are provisional, based on weekly reports to CDC by state health departments. The reporting week concludes at close of business on Friday; compiled data on a national basis are officially released to the public on the succeeding Friday. The editor welcomes accounts of interesting cases, outbreaks, environmental hazards, or other public health problems of current interest to health officials. Such reports and any other matters pertaining to editorial or other textual considerations should be addressed to: Editor, Morbidity and Mortality Weekly Report, Centers for Disease Control, Atlanta, Georgia 30333; telephone (404) 332-4555.

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